

Mission

Our mission is to create an exceptional generation of professional doulas, particularly Black, Indigenous, Latino/a/x, Asian and other racially and linguistically diverse, underrepresented doulas, who can enter the workforce with sustainable careers, improve maternal and infant health outcomes, and meet the ever-changing needs of birthing and postpartum people.

Vision

Our vision is to decolonize the birth work profession and eliminate the gap in maternal-infant health disparities and inequities that disproportionately impacts Black, Indigenous, and Latino/a/x communities.



Community Alliances

- Coalition of Black Men - Portland Chapter
- Rose Community Development Baby Booster
- Portland Doula Association
- Oregon Doula Association
- Birth First Doulas
- Bridgetown Baby



COMMUNITY
DOULA ALLIANCE

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Invest In Us

Support us by donating your time as a board member or volunteer

To make a financial contribution, send an email to donations@communitydoulalliance.com



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Non-Profit Community
Based Organization

Diverse Doula Project
Portland Doula Training
Doula Debrief Podcast



COMMUNITY DOULA ALLIANCE PROGRAMS

Portland Doula Training

Portland Doula Training is an education platform committed to training exceptional doulas at the highest levels. PDT's approach to education uses a reproductive and economic justice, and racial equity framework in order to increase awareness and promote the number of Black, Indigenous & Latino/a/x doulas in the workforce. PDT provides a variety of online and in-person training that include: primary doula support, Traditional Health Worker (THW) support, doula certification, continuing education classes/workshops, community doula training and advanced doula training. PDT trainings will be translated to other languages representative of our local communities, which includes: Spanish, Swahili, Somali, etc. Community Doula Alliance is also committed to promoting its diverse community of doulas to become trainers themselves to further our efforts to decolonize the birth work profession.



Diverse Doula Project

Diverse Doula Project is a community based doula program dedicated to creating spaces for diverse doulas, especially Black, Indigenous, Latino/a/x, Asian and other racially and linguistically diverse, underrepresented doulas, to reclaim, celebrate, and receive mentorship and emotional support to practice their cultural and traditional birth and postpartum models of care. Based on client requests and preferences, DDP matches expectant parents with culturally appropriate doulas to help families successfully navigate and mitigate social determinants of health such as racism, stress, poverty, education, employment, housing, and access to other culturally specific services.

Doula Debrief Podcast

Doula Debrief is a podcast docuseries focused on providing entertaining yet poignant discussion using evidence and research-based information on maternal & infant health for Black, Indigenous, Latino/a/x, Asian and other racially and linguistically diverse communities.

The podcast also highlights interviews with community doulas, medical professionals, researchers & advocates on what they see on the front lines as they work to improve health outcomes for the families they support.



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Strategic Goals

- Increase diversity in the doula profession by training Black, Indigenous & Latino/a/x doulas as curriculum trainers/facilitators
- Bridge the gap between doulas and the Traditional Health Worker registry process
- Prepare Black, Indigenous & Latino/a/x doulas to succeed in the workforce by providing business training, mentoring, and a supportive peer community
- Ensure that underrepresented doulas of color make a livable wage by advocating for the value and effectiveness of doula services
- Improve maternal-infant health outcomes, particularly within Black, Indigenous & Latino/a/x communities, by providing long-term, culturally-specific perinatal, labor support and postpartum doula care
- Increase equity awareness in the doula profession through education, training and community forums using a racial and economic justice framework
- Collaborate and build sustainable partnerships with community-based organizations, policy advocates, local maternity care hospitals/clinics and community care medicaid funding organizations